Direction.

The rectangle in the center, which means "in place", is the basic symbol from which the others are derived. They indicate by their shape the direction of the movement.

Timing.

The Staff.

The staff represents the body.

The placement of the symbol in the staff shows which part of the body executes the movement.

Summary: One symbol denotes by its placement in the staff, the part of the body that executes the movement; by its shape the direction of the movement; by its shading, the level; and by its length, the timing of the movement.